



Where To Start - preschool aged children:

Parents are often concerned about their child's development. Some of these concerns resolve over time. This flowchart outlines possible steps to take in response to those concerns.

Steps will vary according to resources available in the particular community or location.

If your child is not yet in school, and you are concerned with development and/or behaviour:

- Contact your local health unit and:
 - Ask to speak to an Occupational Therapist who has had S.I.P.T. (Sensory Integration Praxis Test) training, and/or mentorship with Dr.Lucy Miller. If necessary, ask the Occupational Therapist of your choice what Sensory Integration and Praxis training they have had.
 - Ask for a Sensory Profile to be completed - either the newest measure that includes Praxis (the sensory processing measure) and/or the Winnie Dunn Sensory Profile.
 - Ask for a Speech Language assessment to be completed.
 - Ask for information on local early intervention programs.
- Educate yourself by reading books on sensory issues in the local library, in legitimate resources on the internet, or by finding support groups.
 - Check out the SPD Canada website (www.spdcanada.org).
- Contact physician and ask to be referred to a pediatrician, hospital program, or neurodevelopmental clinic that specializes in children with special needs.
- If necessary, go private:
 - Contact the Occupational Therapist Professional Association and ask for a list of therapists who specialize in sensory issues and who have SIPT training, and/or a mentorship program with Dr. Lucy Miller.
 - Interview potential therapists on the phone and find one that seems to understand your child's difficulties.
 - Investigate financial support through private insurance plans or through the Provincial Government Children and Family Services.



Where To Start - for school aged children:

Parents are often concerned about their child's development. Some of these concerns resolve over time. This flowchart outlines possible steps to take in response to those concerns.

Steps will vary according to resources available in the particular community or location.

If your child is school aged, and you have become concerned with development and/or behaviour::

- Contact your child's teacher and request the following assessments be completed:
 - Speech Language development
 - Literacy development
 - Sensory Profile and/or a 'Winnie Dunn Sensory Profile'
- Continue close contact with the teacher and school administrator:
 - Maintain active participation in the development of the IPP (Individualized Program Plan), reviews and transition planning.
 - Request on-going treatment by health professionals under the school health partnership program.
 - Familiarize yourself with provincial and school district policies regarding special needs students.
- Educate yourself by reading books on sensory issues in the local library, in legitimate resources on the internet, or by finding support groups.
 - Check out the SPDCanada web site (www.spdcanada.org).
- Contact physician and ask to be referred to a pediatrician, hospital program, or neurodevelopmental clinic that specializes in children with special needs.
- If necessary, go private:
 - Contact the Occupational Therapist Professional Association and ask for a list of therapists who specialize in sensory issues and who have SIPT training, and/or a mentorship program with Dr. Lucy Miller.
 - Interview potential therapists on the phone and find one that seems to understand your child's difficulties.
 - Investigate financial support through private insurance plans or through the Provincial Government Children and Family Services.